

DARLA B. CATHCART, MPT, WCS, CLT, attained her Master of Physical Therapy degree from Louisiana State University School of Allied Health (LSU-SAH) in Shreveport, LA, in 2002. In 2007, Darla became the 2nd person to graduate from the Women's Health Physical Therapy Residency at Duke University Medical Center in Durham, NC. Darla currently works at CHRISTUS-Schumpert Health System in Shreveport, where the pelvic floor program she had previously initiated was expanded to become the hospital's department of Specialty Therapy for Men and Women, including rehabilitation for the pelvic floor, pregnancy and postpartum, breast and gynecologic cancer and lymphedema, and osteoporosis. Darla actively serves on the Residency Committee and the CAPP-Pregnancy and Postpartum Committee for the SOWH. Darla enjoys leading a postpartum mom-and-baby exercise class and teaching stretches to childbirth classes. Darla guest lectures in the Women's Health class at Louisiana State University's physical therapy program in Shreveport. She also routinely serves as Clinical Instructor to entry-level physical therapy students seeking Women's Health clinical experience. She anticipates graduating with her DPT from LSU-SAH in December 2010.